



Accountants, WeCare

As members are facing increasing stress and anxieties, the following accounting associations are joining hands again to present Accountants, WeCare stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends and families.

壓力，變得愈益常見，對我們的生活影響甚深。了解並掌握壓力的來源，刻不容緩！今年，以下會計師專業團體再次攜手合辦會計師減壓持續進修課程，全新系列 WeCare 為同儕加加油、鬆一鬆，寓減壓於學習。讓我們一起成為更自信、更美好的自己！



Speaker

何敏儀博士 Dr. Shine Ho Ph.D (Psy), M.Phil (Psy), B.A. (Psy), RSW

輔導心理學家，心理學博士，註冊社工

在工作壓力下，如何維繫婚姻家庭？

Date 日期: 2024年6月12日 (星期三)

Time 時間: 19:00-21:00

(以 zoom* 進行網上講座)
(報名請按此[鏈結](#))



Coming soon!



Speaker

Dr. Sylvia Chen 陳嘉璐醫生

Specialist in Psychiatry

*: The Zoom webinar is hosted by The Society of Chinese Accountants & Auditors. By registering for this webinar, you understand and agree that your data will be handled and used in accordance with The Society of Chinese Accountants & Auditors' [privacy policy](#).

Lead Organizer:



Organizers:



Co-organizers:





Accountants, We Care



Language
Cantonese

Fee

Free of charge for members or students of Organizers and Co-organizers

Participants

Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

Competency

Management, leadership and soft skills

CPD hours

2 hours

Confirmation email or rejection email will be sent to you 3 working days before the webinar.

我們將在講座開始三個工作天之前，向閣下發出座位確認信。

For any enquiries:

please email to acawecare@gmail.com or call Elsa at 9305 9551 or Elizabeth Law at 2522 7605

如欲查詢:

請電郵至 acawecare@gmail.com 或 致電 9305 9551 (Elsa) 或 2522 7605 (Elizabeth Law)



Lead Organizer:



Organizers:



Co-organizers:

