

Accountants, WeCare

With the COVID-19, members are facing increasing stress and anxieties. The following accounting associations are joining hands once again to present Accountants, WeCare stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends and families.

壓力，今天疫情之下，變得愈益常見，對我們的生活影響甚深。了解並掌握壓力的來源，刻不容緩！今年，17 個會計師專業團體再次攜手協辦會計師減壓持續進修課程，全新系列 WeCare 為同儕加加油、鬆一鬆，寓減壓於學習。讓我們一起成為更自信、更美好的自己！

「疫」流而上

2020 年 5 月 27 日（星期三）

時間: 19:30-21:00

(以 zoom* 進行網上講座)

(報名請按此[鏈結](#))



Speaker

Ms. Shirley Loo 羅乃萱女士 BBS MH JP

家庭發展基金有限公司
總幹事



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Speaker

Dr. Charles Yu 余德淳博士

余德淳訓練機構有限公司總監
資深情緒心理學及輔導學講師

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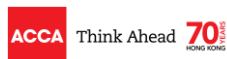
Lead Organizer:



Organizers:



Co-organizers:



Think Ahead 70th



Accountants, We Care

Language

Cantonese

Fee

Free of charge for members or students of Organizers and Co-organizers

Participants

Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

The Organizers reserve the right to limit the number of sessions enrolled by each participant.

Competency

Management, leadership and soft skills

CPD hours

1.5 hours for each session

Confirmation email or rejection email will be sent to you 3 working days before the seminar
我們將在講座開始三個工作天之前，向閣下發出座位確認信。

For any enquiries, please email to acawecare@gmail.com or call Elizabeth Law at 2522 7605 or 9305 9551.
如欲查詢，請電郵至 acawecare@gmail.com；或致電 9305 9551 (Elsa) 或 2522 7605 (Elizabeth Law)。

Lead Organizer:



Organizers:



Co-organizers:

